

Daily Practice Routine

Classical Warm-up

- Matching F's/Overtones/Lang Book/*Altissimo* scales
- Using full range – Tonguing & Vibrato patterns (quarter = 60)
- Using full range and tuner - Long tones with proper breathing – “stomach/lungs/lock”
- Hand stretches (shake them loose at end)
- *Pinkie and palm key warm-ups*
- Chromatic & Major scales – metronome and different tonguing patterns

Classical Practice Session

- Voxman Books/Selected Studies
- *Repertoire/Audition materials (All-State, District, MTNA, etc.)*

LATER IN DAY:

Jazz Warm-up

- ***BIG ROOM:** Matching F's/Overtones/Lang Book/*Altissimo* scales
- *Using full range and tuner - long tones, loud and soft
- Chromatic – swung with articulation pattern – metronome on 2 and 4
- Assigned scales/chords (see “Improvisation Lessons”) - swing pattern & even – use metronome

Jazz Session – focus on transcription

- Transcribe - 1) sing with CD, 2) sing w/out CD, 3) play from you're your head, 4) polish with CD, 5) Optional – Notate
- Memorize, shed and blow on tunes - **maintain a repertoire list**
- Jazz etudes – Niehaus books, Omnibook, etc.
- Important: Improvise freely for fun each day – alone or with others

***If different mouthpiece**