

Daily Practice Routine

Classical Warm-up

- Matching F's/Overtones/Lang Book and/or Light altissimo
- Altissimo scales
- Using full range – Tonguing & Vibrato patterns (quarter = 60+)
- Using full range and tuner - Long tones with proper breathing – “stomach/lungs/lock”
- Hand stretches (shake them loose at end)
- Pinkie and palm key warm-ups
- Chromatic scale – metronome and different tonguing patterns
- Voxman scales/Arpps. with all three articulations - metronome

Classical Session – 70% slow practicing with metronome

- Etudes
- Sonatas/Concertos/Solos

LATER IN DAY:

Jazz Warm-up

- **BIG ROOM:** Matching F's/Overtones/Lang Book/light Altissimo
- Using full range and tuner - long tones, loud and soft
- Chromatic – swung with articulation pattern – metronome on 2 and 4
- Assigned scales/chords (see “Improvisation Lessons”/“Chord Practice Patterns”) swing pattern & even – use metronome

Jazz Session – focus on transcription

- **Transcribe – 1) sing with CD, 2) sing w/out CD, 3) play from you're your head, 4) polish with CD, 5) Notate**
- Memorize, shed and blow on tunes – **maintain a repertoire list**
- Jazz etudes – i.e. Omnibook, Niehaus advanced, Coltrane, etc.
- Daily: Improvise freely for fun – alone or with others
- Listen to new players/deepen understanding of favorites